

# Rejoice Foundation Review 2013

Peer to Peer Outreach  
Migrant Outreach  
Medical Outreach

HIV/AIDS

Training  
Counselling  
Education and Prevention



Karen and Hmong girls in their respective traditional dress. (World Aids Day at Arunotai High School at the Myanmar border)

# Rejoice Foundation Review 2013

## Main activities

### Core Outreach



Gee with patients at a clinic near Chiang Dao during Songkran

The Outreach Team makes weekly visits to over 300 patients and their families in established clinics in 6 diverse areas of Chiang Mai Province.

[Photo Album](#)

### Home Care Outreach



Home Care visit together with Chiang Dao Hospital Health Care workers

Home care visit are made to over 130 patients in co-operation with HIV health care workers, to the more isolated villages and communities.

[Photo Album](#)

### Infant Formula Milk Programme



Infant receives her formula in Sankam-peang

The formula milk programme serves 21 pre-school children including 4 babies recently born to HIV +ve mothers.

[Photo Album](#)

### School Scholarship Programme



Some of the children on the school sponsorship programme

63 students benefit from the School Scholarship Programme mainly supported by individuals on an annual basis.

[Photo Album](#)

### Staff Training Workshops



PHPT training workshop for health care workers at Rattanakosin Hotel

The Outreach Team is now being invited to attend HIV/Aids workshop training sessions.

[Photo Album](#)

### Education and Prevention Programme



Gee and Wi presenting to HIV patients at Chiang Dao Hospital

The first Education and Prevention Meeting sponsored by Rejoice was held at Chiang Dao Hospital attended by 42 HIV patients.

[Photo Album](#)



## Outreach Clinics

The Outreach Clinics have been maintained at previous levels.

The number of patients at each clinic are as follows:

- Phrao, 57 patients (twice per month)
- Sankampeang, 35 patients (weekly)
- Sanpatong, 40 Patients (weekly)
- Chomtong, 17 Patients (twice per month)
- Chiang Dao, 82 patients (weekly)
- Fang, 30-40 Tai Yai agricultural piecework labourers (twice per month)

Also weekly visits are made to See-Un Muang temple day care centre near Chiang Dao.



Rice Fields with Chiang Dao mountain in the background



Children at clinic in Phrao



Gee with patients near Chiang Dao

## Home Care .....

In the past year, in conjunction with Chiang Dao hospital health care volunteers, Rejoice has started home care visits to families and communities in some of the most remote areas of Chiang Mai Province. To date some 90 HIV patients have been visited together with the Chiang Dao volunteers. The patients are mainly ethnic hill tribe tribes who have migrated to Thailand via Burma or Laos. The Chin Haw speak a dialect of Yunnese Mandarin, The Lahu (Muser) speak their own native language and the Tai Yai speak Shan language the spoken language (but not the written) being similar to Northern Thai (Lanna). These communities mainly work in agriculture and move from one location to another depending on the season. Many live in very basic accommodation and are extremely poor.



Indoor Kitchen in a Lahu home



## .....Home Care (cont.)

A similar project has recently been started together with the HIV healthcare volunteers from Sankampeang hospital. Some 38 patients have already been visited.

Whilst the palliative medicines are provided by the hospital, Rejoice provides provisions such as rice, eggs, cooking oil canned fish etc. Also, school children are eligible for the Re-joice school sponsorship programme.



Lahu father with daughter



Gee meets patients at a Lahu house in Kae Noi



Home Care at home Mae-On near Sankampeang



The region is very rugged and many villages only accessible by dirt-road



Many patients work from home making baskets, weaving garments and carving wood



With peer to peer support and encouragement many HIV sufferers can overcome their co-infection (such as hepatitis or TB) and return to work and lead normal lives once more. Unfortunately, there are exceptions, especially from people who

test too late. In the last 6 months, in the Chiang Dao Home Care area alone, 5 patients have succumbed to the disease.

# Milk Programme

**The Milk Programme** serves 21 children including 4 babies recently born to HIV +ve mothers. The Thai government provides free formula milk for the first 6 months to HIV +ve mothers after which Rejoice continues the service until the child is considered sufficiently well nourished. Usually up to the age of 5 years when the child starts school.



Eight years ago, the Thai government made it mandatory for every pregnant Thai woman to be tested for HIV. If the woman was found to be HIV+ve the baby would be given formula milk and not breast fed. This enabled Rejoice Charity to



Children at See-un Muang Day Care Centre will soon be attending school

reach out to HIV positive mothers with the Milk Programme. To date, Rejoice has not come across a child born to a Thai mother, with HIV. This is a direct result of the government initiative.

However, children born to hill tribe mothers with little or no access to medical facilities, or migrants fleeing conflict in war torn Shan State are not so lucky. There are 4 children, two



**Mothers' who are HIV+ve receive formula milk from Rejoice at Sankampeang Community Centre**

hill tribe (one Akha and one Lahu) and two boys from Shan State in Myanmar who are HIV+ve because they were breast fed by their HIV+ve mother.

One of the Shan boys, Pittoon, who is 6 years old is being taken care of by his HIV+ve mother who has recently given birth to a baby girl. It is hoped that by feeding the baby formula milk and getting regular check-ups, she can avoid getting the virus.



Pitoon with his mum and baby sister



Babies born to HIV+ve mothers receive free government formula milk up to the age of 6 months



# School Sponsorship Programme

63 students benefit from the **School Sponsorship Programme**. Ostensibly, the sponsorship is in the form of an educational scholarship, but in reality it is much more, it will:

- allow the child to attend school
- allow the child to grow-up in his/her community with their extended family
- allow the child to learn to speak the language and follow the religion of their community
- make it easier for the family to accept financial help – the money is received on behalf of the child
- prevent the child becoming institutionalised in an orphanage
- be a significant factor in deciding whether the child continues his/her education to high school, college or university



SDL sponsor 12 children. 5 of whom now attend High School



205 Moo 4, Baan Kulayluang  
T. Yuwa A. Sanphatong, Chiang Mai

Dear Rejoice Charity,

My name is Klanarong. I am now studying in grade 10 at Tepsirin School. Rejoice Charity helped me when I was 4 years old and now I am 14 years old. I received milk, medicine and sponsorship. The sponsorship also helps my grandparents. I will use the money in the best way and I will study very hard.

My dream is that when I grow up I can take care of my grandparents because they are very old and they have been working hard for a long time in order to help me and I want to repay them.

Finally, I hope you are all very happy and healthy and are able to continue to help more people.

Best regards,  
Klanarong Techakan

SDL Foundation is currently sponsoring 12 children in the upper primary and secondary level. As can be seen from the table below, these children come from families ravaged by HIV Aids with at least one or both parents being HIV positive. The financial plights of these families are dire with the grandparents being the breadwinners.

Although basic education is free in Thailand, textbooks, writing materials, uniforms, daily commute etc is not covered. Therefore, without SDL, these children would have dropped out of

school to earn whatever little they can as unskilled labourers. Therefore, SDL's support is crucial in providing the education foundation for these children to break-out of the poverty trap.

## School Sponsorship Programme..(cont.)

The table below shows the children sponsored by SDL

				Age				HIV Status					
R#	Name Surname	ชื่อ นาม	Sex	D.O.B	Y	M	District	Child/Mum/Dad	Renewal	School	Comme		
1	Kamonchanue Khampay	กมลชนก ขำแปง	F	02-Oct-95	17	10	Chiangdao	+ve/died/died	16/Oct/13	Chang Dao Witsayakom High			
14	Narumon Wongdee	นารumon วงเดี	F	21-Oct-96	16	10	Sanpathong	+ve/died/+ve	16/Oct/13	Hang Dong High			
3	Kanarong Tethukan	กานารอง เตหุกัน	M	22-Mar-97	16	5	Sanpathong	+ve/died/?	16/Oct/13	Tepsirin School			
61	SIRINAN NGAMLEET	สิรินาน นกเลต	F	28-Jun-97	16	2	Chiangdao	-ve/+ve/died	16/Oct/13	CHUMCHONBANMUNGNGAI			
62	TITHIPON KANTA	ทิธิพน คันทะ	F	21-Oct-98	14	10	Sanpathong	-ve/+ve/+ve	16/Oct/13	BAN PEANG SCHOOL			
53	NARONG LAOKOM	นารอง ลากอม	M	01-Sep-00	12	11	Chiangdao	-ve/died/died	16/Oct/13	Chang Dao Witsayakom High			
44	NATTIRA CHAICRI	นัตติรา ไชยศรี	F	17-Oct-01	11	10	Sanpathong	-ve/+ve/+ve	16/Oct/13	SANPATHONG SCHOOL			
23	Putanet Chompel	ปุตานะ ชอมเปล	M	18-Oct-01	11	10	Chiangdao	-ve/+ve/?	16/Oct/13	Ban Tham School			
35	Anueva Ama	อเนวอา อามา	F	08-May-02	11	3	Chiangdao	-ve/+ve/died	16/Oct/13	Ban Nongkeaw School			
36	Araya Chumchepan	อารายา ชุมเชพาน	F	06-Aug-02	11	0	Chiangdao	+ve/+ve/died	16/Oct/13	Jaopa Aubonrat School			
30	Sompop Kinnas	สมปอ ไก่นาส	M	10-Nov-03	9	9	Chiangdao	-ve/+ve/+ve	16/Oct/13	Ban Thunglakorn School			
13	Arnuwat Boonpan	อรณวาท บุญปาน	M	15-Mar-04	9	5	Chiangdao	-ve/+ve/+ve	16/Oct/13	Ban Chiangdao School			

SDL School sponsorships. 12 Children sorted by age

## Staff Training Workshops

Recently Rejoice attended two workshops given to health care workers, one for the Sankampeang area workers sponsored by PHPT, and the other for Chiang Dao health care workers sponsored by TTAG. [PHPT](#) is an NGO which was formed in Chiang Mai in 1996 at the height of the HIV epidemic. It has since joined forces with French Ministry of Foreign Affairs; French National Agency for Research on AIDS and Viral Hepatitis (ANRS); Global Fund to fight AIDS, Tuberculosis and Malaria. The group promotes seminars worldwide and workshops on a more informal basis.



On July 26 2013 PHPT invited Rejoice and community health care workers from villages in San Kampeang, Saraphi and Sansai districts to a meeting at Ratannakosin hotel concerning HIV and Hepatitis.

[TTAG \(Thai Aids Treatment Action Group\)](#) was founded in 2002 by Paisan Suwannawong, former founding chairman of the Thai Network of People Living with HIV/AIDS (TNP+). HIV+ve for 15 years, Paisan is also a former injecting drug user and one of the founders of the Thai Drug Users' Network (TDN). TTAG is one of Thailand's only PLWHA-run advocacy organizations, working at the grassroots and policy levels to promote the rights and voices of people living with HIV/AIDS.



On August 8, 2013 the Rejoice Team was invited to a workshop at Chiang Dao Community Centre sponsored by TTAG focusing on HIV and opportunistic infections and their treatment.



# Education and Prevention Programme



Gee addressing the attendees at the first Rejoice sponsored HIV health care meeting at Chiang Dao Hospital.

As reported in our previous Newsletter highlighting the work being done by the various authorities in raising awareness of HIV with the younger generation in Chiang Mai Province, Rejoice has embarked on another initiative in co-operation with Chiang Dao hospital. On 10th June the first of eight scheduled meetings took place with the HIV patients of Chiang Dao Province together with the HIV health Care workers and doctors.

The objective of these "Education and Prevention" meetings is to bring the patients together, many of whom have not met



Some of the patients are ethnic Tai Yai and only speak Shan language. Wi, being Tai Yai, can speak to them in Shan. This helps to build trust and empathy with these marginalised people.

It is planned to hold a Rejoice sponsored meeting together with the Sankampeang HIV health care workers on Saturday 14th September. This will be a more general meeting targeting teenagers and youth. It will be the first in co-operation with Sankampeang Hospital.



Gee with Suphan and Kasemsri, Sankampeang Health Care Workers.



Arm checks the condom delivery

ใบลงทะเบียน

ขอความร่วมมือในการดูแลผู้ป่วยติดเชื้อเอชไอวีที่ได้รับการรักษาด้วยยาต้านไวรัส

วันที่ 10 มิถุนายน 2556 ณ ห้องประชุมผู้สูงอายุ โรงพยาบาลเชียงดาว

ลำดับ	ชื่อ-นามสกุล	ที่อยู่	ภาษาจีน
26	นางสาว ก.อ.	29 ม.5 ต.เชียงดาว	ไทย
27	นางสาว ก.อ.	240/4 ม.13 ต.เชียงดาว	จีน
28	นางสาว ก.อ.	12 ม.5 ต.เชียงดาว	จีน
29	นางสาว ก.อ.	75 ม.7 ต.เชียงดาว	จีน
30	นางสาว ก.อ.		ไทย
31	นางสาว ก.อ.	24 ม.1 ต.เชียงดาว	ไทย
32	นางสาว ก.อ.	425/95 ต.เชียงดาว	ไทย
33	นางสาว ก.อ.	425/95 ต.เชียงดาว	ไทย
34	นางสาว ก.อ.	115/5 ต.เชียงดาว	ไทย
35	นางสาว ก.อ.	113/5 ต.เชียงดาว	ไทย
36	นางสาว ก.อ.	114/5 ต.เชียงดาว	ไทย
37	นางสาว ก.อ.	115/5 ต.เชียงดาว	ไทย
38	นางสาว ก.อ.	119 ม.1 ต.เชียงดาว	ไทย
39	นางสาว ก.อ.	16 ม.1 ต.เชียงดาว	ไทย
40	นางสาว ก.อ.		ไทย
41	นางสาว ก.อ.	347 ม.12 ต.เชียงดาว	ไทย
42	นางสาว ก.อ.	364 ม.12 ต.เชียงดาว	ไทย

Registration of the patients at the first meeting sponsored by Rejoice Foundation. 42 HIV patients, all taking ARV therapy

each other previously, to exchange experiences, concerns and ideas amongst each other. Also, the health care workers can remind the group of importance of taking their medicine on a regular basis and give advice on reproductive health care, both separate male and female groups.

It is estimated these meetings will take place, on average once a month targeting various groups i.e. those taking ARV (anti-retroviral) drugs, those not yet taking ARV, various ethnic groups, children and then all and general public.

To encourage attendance Rejoice pay each patient 175-200 baht to cover travel expenses and provide a simple lunch.

The next meeting is scheduled for 11th September 2013. This will target HIV patients not yet taking ARV medicine.

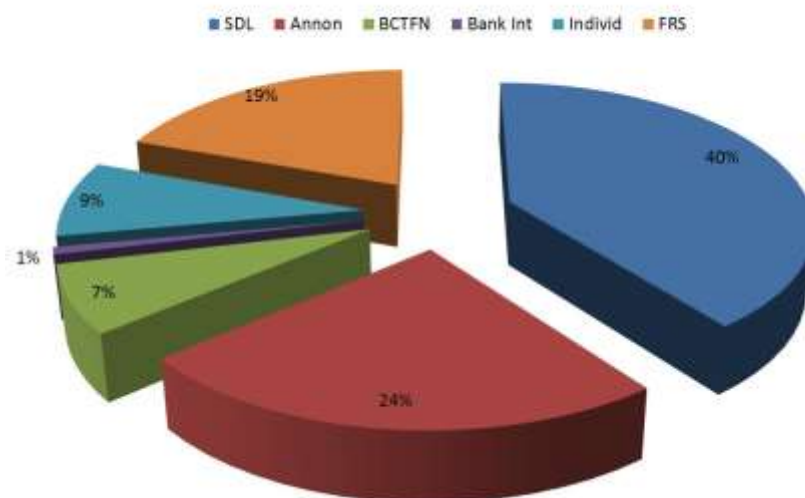


## Financial Income

The chart shows the distribution of donations for the year August 2012 to August 2013. The anonymous donation was a one-off donation and a last minute windfall for Rejoice. BCTFN makes regular donations of 90,000 baht every 6 months. FRS is Friends of Rejoice Singapore, a wonderful group of individuals who donate and also sponsor children. The group is co-ordinated by Winston's friend Wight Wong. Winston exchanges Singapore dollars into Thai baht in order to save on bank charges. Included in the individual donations is the group of SDL Bangkok employees (currently 25) who make regular monthly contributions.

This sudden unexpected influx of cash allowed Rejoice to purchase a new pick-up (half cash remainder 4 year HP). Also we purchased a desktop computer, a digital camera and shirts with Rejoice logo for the Team. This enabled Rejoice to sponsor education scholarships to the desperately poor children in the Home Care areas.

Distribution of Donations Aug 2012 - Aug 2013



Also Rejoice felt sufficiently confident to offer Wi full time employment (previously part time).

Rejoice has also embarked on co-operation schemes with two district hospitals whereby frequent visits are made to the most remote communities in the Province. We have been invited to attend workshops which allows us to network with other groups and NGOs.

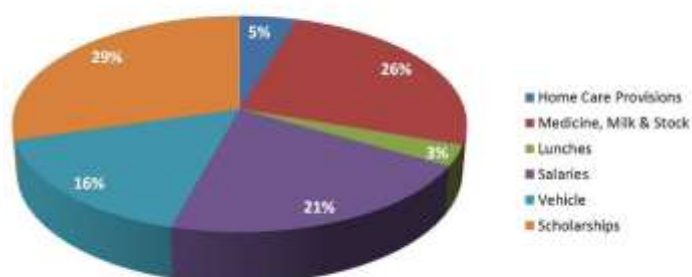
In February 2013 Dr. Martin Huddart, during his annual visit to Rejoice, and myself visited the agent of the anonymous group with the aim of securing future funding. We also met Wight Wong and a few of the FRS group in Singapore for lunch (see photo).



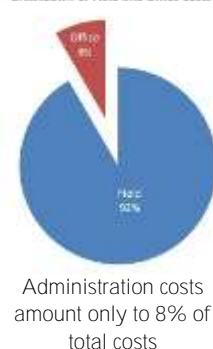
Doc Martin, myself and Wight having lunch in Singapore with a few of the FRS group.

## Financial Outgoings

Breakdown of Field Costs  
Monthly average August 2013



Breakdown of Field and Office Costs



The chart shows the breakdown of costs accrued in the field. Included is fuel and vehicle maintenance costs and the salaries for the Outreach Team.

Office costs are only 8% of total costs due to the fact that the Office is free of rent—purchase price of the building was raised through previous donations, and that the administrative work is done on a purely voluntary basis.